

MALE	AGE	HT	WT	WAIST	PULSE	SYS	DIAS	CHOL	BMI	LEG	ELBOW	WRIST	ARM
1391	58	70.8	169.1	90.6	68	125	78	522	23.8	42.5	7.7	6.4	31.9
2129	22	66.2	144.2	78.1	64	107	54	127	23.2	40.2	7.6	6.2	31.0
2489	32	71.7	179.3	96.5	88	126	81	740	24.6	44.4	7.3	5.8	32.7
2490	31	68.7	175.8	87.7	72	110	68	49	26.2	42.8	7.5	5.9	33.4
2738	28	67.6	152.6	87.1	64	110	66	230	23.5	40.0	7.1	6.0	30.1
2988	46	69.2	166.8	92.4	72	107	83	316	24.5	47.3	7.1	5.8	30.5
2989	41	66.5	135.0	78.8	60	113	71	590	21.5	43.4	6.5	5.2	27.6
3346	56	67.2	201.5	103.3	88	126	72	466	31.4	40.1	7.5	5.6	38.0
3606	20	68.3	175.2	89.1	76	137	85	121	26.4	42.1	7.5	5.5	32.0
3607	54	65.6	139.0	82.5	60	110	71	578	22.7	36.0	6.9	5.5	29.3
3608	17	63.0	156.3	86.7	96	109	65	78	27.8	44.2	7.1	5.3	31.7
3610	73	68.3	186.6	103.3	72	153	87	265	28.1	36.7	8.1	6.7	30.7
3747	52	73.1	191.1	91.8	56	112	77	250	25.2	48.4	8.0	5.2	34.7
4832	25	67.6	151.3	75.6	64	119	81	265	23.3	41.0	7.0	5.7	30.6
4839	29	68.0	209.4	105.5	60	113	82	273	31.9	39.8	6.9	6.0	34.2
5599	17	71.0	237.1	108.7	64	125	76	272	33.1	45.2	8.3	6.6	41.1
5600	41	61.3	176.7	104.0	84	131	80	972	33.2	40.2	6.7	5.7	33.1
5601	52	76.2	220.6	103.0	76	121	75	75	26.7	46.2	7.9	6.0	32.2
6226	32	66.3	166.1	91.3	84	132	81	138	26.6	39.0	7.5	5.7	31.2
7190	20	69.7	137.4	75.2	88	112	44	139	19.9	44.8	6.9	5.6	25.9
7192	20	65.4	164.2	87.7	72	121	65	638	27.1	40.9	7.0	5.6	33.7
7194	29	70.0	162.4	77.0	56	116	64	613	23.4	43.1	7.5	5.2	30.3
9073	18	62.9	151.8	85.0	68	95	58	762	27.0	38.0	7.4	5.8	32.8
9074	26	68.5	144.1	79.6	64	110	70	303	21.6	41.0	6.8	5.7	31.0
10864	33	68.3	204.6	103.8	60	110	66	690	30.9	46.0	7.4	6.1	36.2
12349	55	69.4	193.8	103.0	68	125	82	31	28.3	41.4	7.2	6.0	33.6
15515	53	69.2	172.9	97.1	60	124	79	189	25.5	42.7	6.6	5.9	31.9
16137	28	68.0	161.9	86.9	60	131	69	957	24.6	40.5	7.3	5.7	32.9
16521	28	71.9	174.8	88.0	56	109	64	339	23.8	44.2	7.8	6.0	30.9
16523	37	66.1	169.8	91.5	84	112	79	416	27.4	41.8	7.0	6.1	34.0
16768	40	72.4	213.3	102.9	72	127	72	120	28.7	47.2	7.5	5.9	34.8
17006	33	73.0	198.0	93.1	84	132	74	702	26.2	48.2	7.8	6.0	33.6
18392	26	68.0	173.3	98.9	88	116	81	1252	26.4	42.9	6.7	5.8	31.3
19017	53	68.7	214.5	107.5	56	125	84	288	32.1	42.8	8.2	5.9	37.6
19381	36	70.3	137.1	81.6	64	112	77	176	19.6	40.8	7.1	5.3	27.9
19635	34	63.7	119.5	75.7	56	125	77	277	20.7	42.6	6.6	5.3	26.9
19991	42	71.1	189.1	95.0	56	120	83	649	26.3	44.9	7.4	6.0	36.9
20518	18	65.6	164.7	91.1	60	118	68	113	26.9	41.1	7.0	6.1	34.5
21135	44	68.3	170.1	94.9	64	115	75	656	25.6	44.5	7.3	5.8	32.1
32230	20	66.3	151.0	79.9	72	115	65	172	24.2	44.0	7.1	5.4	30.7

Notes: Age in years

HT: height in inches

WT: weight in pounds

WAIST: waist circumference in cm

PULSE: pulse rate in beats per minute

SYS: systolic blood pressure in mmHg

DIAS: diastolic blood pressure in mmHg

CHOL: cholesterol in mg

BMI: body mass index

LEG: upper leg length in cm
ELBOW: elbow breadth in cm
WRIST: wrist breadth in cm
ARM: arm circumference in cm

Credit: U.S. Department of Health and Human Services.
National Center for Health Statistics
Third National Health and Nutrition Examination Survey.

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